



# TRAIN THE TRAINER

**Course Code: BST02 | Title: Professional Trainer | Duration: 1 Day**  
**Delivery: Face To Face & Live Online**

## Course Description:

Whether you're a full-time trainer or someone who delivers training as part of your role, this comprehensive Train The Trainer course is designed to elevate your training skills. Whether you want to refine your delivery style, enhance engagement, or build confidence, this course provides the essential tools needed to excel in delivering impactful, effective training sessions. Through practical exercises, interactive workshops, and expert guidance, participants will gain the skills necessary to confidently lead and inspire learning in a professional and engaging way.



## Who Should Attend Train The Trainer Training?

- Team Leaders and Supervisors
- Trainers & Educators
- Coaches and Mentors
- Corporate Trainers

## Benefits From Attending The Training:

- Gain the skills needed to deliver engaging and impactful training sessions
- Learn how to tailor training content to meet the unique needs of your audience
- Enhance your ability to create a supportive and motivating learning environment for participants

## Course Contents:

- **The Training Cycle:** Understanding how to plan, execute, and evaluate effective training sessions
- **Learning:** Different learning styles and utilizing communication skills for enhanced learning
- **Methods:** Utilizing methods like demonstrations, exercises, and discussions to engage participants
- **Setting the Stage:** The use of visuals, flip charts and videos for smooth delivery
- **Skills:** Key skills such as questioning techniques, structuring, and handling challenging situations
- **Coaching and Mentoring:** Strategies to guide and support trainees in their learning journey

**\*BESPOKE COURSES | All of our courses can be easily tailored to suit any company.**  
**Course duration and level can be changed, depending on content, company & individuals\***